



Activities inspired by Shastra Deo

- » Write a poem about the places your object has travelled to before reaching you.
- » Does your object also hold significance to your community? Write about the significance of your object in your family, neighbourhood, religion or country.
- » Write a poem about how your object was made. Was it carved into the ground? Was it assembled by hand? What does its design tell you about its creator?
- » Shastra uses uncommon words such as *stirp*, *dun* and *aniconism*. Encircle the adjectives you've used in your poem. Is there a more unusual way of expressing these ideas? Dive into a **thesaurus** to discover unique synonyms.



Activities inspired by Arjun von Caemmerer

- » Recall the important experiences and memories you share with your object. Write a poem without mentioning the names of your object, or any places or people.
- » Think of the shape of your object. How can you make your poem resemble that shape? Experiment with form by cutting up the lines of your poem and building a structure inspired by your special object.
- » Write a poem with a **refrain**. Use at least three repeating lines. These repeating lines could be a trail of thought, some speech or perhaps a phrase containing onomatopoeia.



Activities inspired by Courtney Sina Meredith

- » Research the **etymology** of your special object. Write a poem about the new ideas that emerge from your research.
- » Where do you keep your special object? Write a poem about the place that keeps your object safe.
- » If your object was given to you by a loved one, write a poem about the experience of receiving your object. This experience can include your reaction to receiving it and what it means to you.



Activities inspired by
Yvette Holt

- » How does your object live, move and experience? Write a poem with every line beginning with a verb.
- » Identify and explain how Yvette's language features (like verbs and adjectives) change her poem. Review and edit your own poem in consideration of this.
- » Research and find a translation or synonym for the name of your object. How does this new word or language construct a new meaning for your poem?



Activities inspired by
Quinn Eades

- » If your object is an inheritance like Quinn's, write a poem about what it means to you. Be as detailed as you can in describing the memory of accepting your special object.
- » Write about the colourful worlds within your object. Roiling ocean blues? Dewy forest greens?
- » How does your object change according to its environment? Does it change colour, texture, form? How does it behave in different lights, or underwater, or under a hot summer sun? Write about your special object's changing behaviours.



Activities inspired by
Scotty Wings

- » Write a poem full of questions to ask your object. You can also include your object's responses.
- » Write a 20-line poem with just one word per line. Try to be as minimalistic as you can. Choose action words, sounds, images and emotions that relate to your object.
- » List down five main words you would use to describe your object. Avoid using these words and try for unique synonyms instead.
- » How have other things in your life changed since you obtained your special object? Write about how your object has 'eaten up' by other parts of your life, for better or worse.

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